

## **The three free Initiatives we offer are:**

### **LYFE Academy: We empower youth to build financial stability and unlock independence through education and career development.**

- 1-of-1: Tailored Professional Blueprint: We create personalized career roadmaps for each youth, ensuring they receive the guidance and support needed for their unique aspirations.
- Workshops: Group sessions focus on professional development and soft skills, such as communication, teamwork, and leadership, essential for career success.
- Alternative Education: We provide flexible learning environments and customized curriculum for youth overcoming trauma or barriers, tailored to their unique needs to foster academic success.
- Career Exposure: We introduce youth to various career paths through interactions with industry professionals, job shadowing, and hands-on experiences, helping them discover and pursue their passions.
- Capital Investment: We invest in essential resources such as licenses and certifications needed for career advancement, ensuring youth have the qualifications required to excel in their chosen fields.

### **Heart LYFE: We use art, fashion, cultural wealth, and emotional intelligence to improve behavioral health and reduce stigma around mental health.**

- Mental Health: Offers mental health support and helps reduce stigma through our lifestyle brand, creating a supportive community.
- Art Therapy: Provides art therapy to help people cope with mental health issues in a creative way.
- Emotional Intelligence: Helps develop emotional skills like self-awareness and empathy through focused programs.
- Cultural Enrichment: Broadens understanding and appreciation of different cultures through travel and new experiences.
- Physical Health: Promotes healthy living and fitness with programs that support overall well-being.

### **Neighborhood LYFE: We provide protective factors to enhance the overall environment of our communities.**

- Unites communities through events and initiatives and builds trust.
- Collaborates with organizations to support youth flourishing.
- Provide essential support to the community to meet basic needs.